

**Are you at risk for having a  
STROKE?**



## **Perquimans Seniors Stroke Screening**

### **Family history**

- If your family member has had a stroke, you are at a higher risk of stroke.

### **High blood pressure and high LDL cholesterol**

- Your risk of stroke is increased by as much as 6 times.

### **Lifestyle: smoking, alcohol intake, physical inactivity**

- Your risk for stroke is doubled.

**Register now for Vidant Chowan  
Hospital's FREE stroke screening**

**Wednesday, May 12th | 10 a.m. - 12 p.m.**

**Perquimans County Senior Center**

**1072 Harvey Point Rd. Hertford**

**Screening spots are limited, so register today by  
calling 252- 482- 6242**