

Nutrition Menu

Nellie Sawyer, Manager



Feb-21

Office Hours: 9am - 1pm 426-8309

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Curbside Meal Lunch Pickup at 11:30am Milk is Served With Each Meal</p>	<p>Cheeseburger 1 w/bun Baked Beans Baked Cinnamon Apples Cake</p>	<p>Ham & Cheese 2 Sub Tossed Salad Fruit Cocktail Spice Cake</p>	<p>Meatloaf 3 w/red sauce Lima Beans Brown Rice Pineapple Wheat Bread or Roll</p>	<p>Chicken Salad 4 Beets Pasta Salad Crackers Orange Juice Angel Cake</p>	<p>Baked Turkey Breast 5 w/gravy Carrots Cranberry Sauce Bread Stuffing Brown Rice Pudding</p>	<p>Friday 5th 6 Wear Red! </p>
7	<p>Spaghetti 8 w/meat sauce California Blend Vegetables Baked Spiced Apples Garlic Bread Pudding</p>	<p>Roast Beef 9 & Cheese Sub Tossed Salad Fruit Cocktail Cake</p>	<p>BBQ Sandwich 10 Coleslaw Fresh Fruit Buttered Potatoes Graham Crackers</p>	<p>Tuna Salad 11 w/lettuce Pickled Beets Pasta Salad Orange Juice Crackers Cake</p>	<p>Beef Tips 12 w/gravy Sauteed Spinach Brown Rice Peaches Roll</p>	13
<p>Happy Valentines</p>	<p>14 Salisbury Steak 15 w/gravy Peas and Carrots Pineapple Mashed Potatoes Wheat Roll or Bread Apple Crisp</p>	<p>16 Chicken Salad 16 with Lettuce Three Bean Salad Macaroni Salad Crackers Orange Cookie</p>	<p>17 Baked Ham 17 Cabbage Sweet Potatoes w/marshmallows Pears Wheat Roll or Bread</p>	<p>18 Turkey Sub 18 w/cheese Tossed Salad Fruit Cocktail Cake</p>	<p>19 Oven Fried 19 Chicken Breast Garden Peas Buttered Potatoes Pears Wheat Roll</p>	20
21	<p>22 Sausage 22 w/peppers Carrots Roasted Potatoes Roll Peach Cobbler</p>	<p>23 Chicken Wrap 23 w/cheese Cucumber & Tomato Salad Macaroni Salad Peaches Pudding</p>	<p>24 Chili w/Beef 24 and Beans Broccoli Baked Potato Orange Juice Jello</p>	<p>25 Chef Salad with 25 Ham & Cheese Strawberries Potato Salad Crackers Cookie</p>	<p>26 Baked Pork Chop 26 Collards Potatoes Au Gratin or Scalloped Fruit Crisp Roll</p>	27
28						<p>Donations are Needed, Accepted and Appreciated!</p>