




# Perquimans Seniors Activity Calendar



## February-18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>OPEN</b> Fitness Room &amp; Computer Stations Daily 8:30am to 4:30pm</p>		<p>1 Billiards 8-5pm TOPS 10am Choir Afternoon Games 1pm Line Dancing 6pm</p>	<p>2 Billiards 8-5 Exercise Class 10am Afternoon games 1pm Yoga 3:45pm</p> 	3
4 Super Bowl Sunday 5pm	5 Billiards 8-5 Exercise Class 10am Rook & Other Games 1pm	6 Billiard Tournament 9:30 Madelyn's Music 12:15pm Yarn Corner 1pm Bowling 1pm T'AI Chi Class 3pm	7 Billiards 8-5 Beginners Line Dancing 8:15-8:45 am Line Dancing 8:45am Exercise 10am Rook & Other Games 1pm Bingo 2pm	8 Billiards 8-5 Valentine Candy Class 9am TOPS 10am Afternoon Games 1pm Line Dancing 6pm	9 Billiards 8-5pm Exercise Class 10am Afternoon Games 1pm	10
11	12 Billiards 8-5 Exercise Class 10am Rook & Other Games 1pm	13 Billiards 8-5 Van Trip 9am Madelyn's Music 12:15pm Yarn Corner 1pm Bowling 1pm T'AI CHI Class 3pm	14 Billiards 8-5 Beg Line Dancing 8:15-8:45am Line Dancing 8:45am Exercise Class 10am Round Table 11am Hospice - Noon Rook/Games 1pm Bingo 2pm	15 Billiards 8-5 TOPS 10am Fraud Prevention 11am Choir Afternoon Games 1pm Line Dancing 6pm	16 Billiards 8-5 No Exercise Class *CARD PARTY* 12-4 Yoga 3:45pm	17 
18	19 Billiards 8-5pm Exercise 10am Rook & Other Games 1pm	20 Billiards 8-5pm Harriet Jacobs Tour 9:15am Madelyn's Music 12:15pm Yarn Corner 1pm Bowling 1pm	21 Billiards 8-5pm Beginners Line Dancing 8:15-8:45am Line Dancing 8:45am Exercise Class 10am Games 1pm Bingo 2pm	22 Billiards 8-5 TOPS 10am Afternoon Games 1pm Line Dancing 6pm	23 Billiards 8-5 Exercise Class 10am Afternoon Games 1pm	24
25	26 Billiards 8-5 Exercise Class 10am Rook & Other Games 1pm	27 Billiards 8-5 Madelyn's Music 12:15pm Yarn Corner 1pm Bowling 1pm T'AI CHI Class 3p	28 Billiards 8-5 Beginners Line Dancing 8:15-8:45 am Line Dancing 8:45am Exercise 10am Health Screen 11-1 Afternoon Games 1pm Bingo 2pm			