



Perquimans County Senior Citizens Center Activity Calendar 426-5404

{GIVE THANKS}

for each new morning
with its light
**FOR REST AND SHELTER
OF THE NIGHT**
for health and food
for love and friends
FOR EVERYTHING
THY GOODNESS SENDS
—ralph waldo emerson—

November-18

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|---|--|
| | | | | Billiards 8-5 Christmas Box Craft 9am Medicare Enroll 9-2 Appt Only TOPS 10am Choir 1pm Afternoon Games 1pm Line Dancing 6pm | Billiards 8-5 Exercise Class 10am Croquet 10am Know It Control It 9am Afternoon Games 1pm Yoga 3pm | |
|  | Billiards 8-5 Exercise Class 10am Rook & Other Games 1pm | Billiards 8-5 Bocce 10:30 Madelyn's Music 12:15pm Yarn Corner 1pm Afternoon Games 1pm Bowling 1pm Zumba 2pm T'AI CHI Class 3pm | Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am Self Awareness & Defense 11am Birthday Celebration 12:30pm Afternoon Games 1pm Bingo 2pm | Billiards 8-5 TOPS 10am Veterans Day Recognition 11:45am Choir 11:45 & 12:30 Afternoon Games 1pm Night Out 5pm Line Dancing 6pm | Billiards 8-5 Aging Conference Leaving 8:15am Exercise Class 10am Afternoon Games 1pm | |
| 11  | Closed | Billiards 8-5 Van Trip 9am Madelyn's Music 12:15pm Yarn Corner 1pm Afternoon Games 1pm Bowling 1pm T'AI CHI 3pm | Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am Afternoon Games 1pm Bingo 2pm | Billiards 8-5 Medicare Enroll Appt Only 9am - 2pm TOPS 10am Choir 12:15pm Afternoon Games 1pm Choir 5:30pm Line Dancing 6pm | Billiards 8-5 Exercise Class 10am Afternoon Games 1pm Yoga 3pm | |
| 18 | Billiards 8-5 Christmas Ornaments Exercise Class 10am Afternoon Games 1pm | Billiards 8-5 Christmas Ornaments Madelyn's Music 12:15pm Afternoon Games 1pm Yarn Corner 1pm Bowling 1pm Zumba 2pm T'AI CHI 3pm | Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am Afternoon Games 1pm Bingo 2pm |  Closed |  Closed | No Social |
| 25 | Billiards 8-5 Exercise Class 10am Afternoon Games 1pm | Billiards 8-5 Madelyn's Music 12:15pm Give Thanks Celebration 12:30pm With Outdoor & Afternoon Games Yarn Corner 1pm Bowling 1pm T'AI CHI 3pm | Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45 am Exercise Class 10am Afternoon Games 1pm Bingo 2pm | Billiards 8-5 TOPS 10am Choir 12:15pm Afternoon Games 1pm Line Dancing 6pm | Billiards 8-5 Know It Control It 9am Exercise Class 10am Afternoon Games 1pm | Computer Stations Fitness Room Open 8:30am-4pm |