

Perquimans County Seniors' Center Activity Calendar

May 2018

426-5404

"Each of us have only
one past but there are
many futures."
- Guy Lafleur

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
OLDER AMERICAN'S MONTH		Billiards 8-5 Madelyn's Music 12:15pm Afternoon Games 1pm Yarn Corner 1pm Bowling 1pm T'AI CHI Class 3pm	1 Billiards 8-5 Beg Line Dance 8:15-8:45 am Line Dancing 8:45am Exercise Class 10am Birthday Celebration 12:30pm Rook & Other Games 1pm Bingo 2pm	2 Billiards 8-5 TOPS 10am Surfing the Net 10:30-2:30 Choir 1pm Line Dancing 6pm	3 Billiards 8-5 Know It Control It 9AM Exercise Class 10am Afternoon Games 1pm Yoga - 3pm Nana's Knickers 7pm	4 Billiards 8-5 Know It Control It 9AM Exercise Class 10am Afternoon Games 1pm Yoga - 3pm Nana's Knickers 7pm	5	
	6	Billiards 8-5 Exercise Class 10am Rook Table & Other Games 1pm	7 Billiards 8-5 Billiards Tournament 9:30 am Madelyn's Music 12:15pm Afternoon Games 1pm Yarn Corner 1pm Bowling 1pm T'AI CHI Class 3pm	8 Billiards 8-5 Beg Line Dance 8:15-8:45 Line Dancing 8:45 Exercise Class 10am Rook & Other Games 1pm Bingo 2pm	9 Billiards 8-5 2K Walk 9am TOPS 10am Maps 10:30-2:30 Choir 12:15 Afternoon Games 1pm Line Dancing 6pm	10 Billiards 8-5 Exercise Class 10am AVADA HEARING 11am Afternoon Games 1pm	11 Billiards 8-5 Exercise Class 10am AVADA HEARING 11am Afternoon Games 1pm	12
	13	 Exercise Class 10am Rook Table & Other Games 1pm Outdoor Games 1pm	14 Billiards 8-5 Van Trip 9am 2K Walk 9am Madelyn's Music 12:15pm Afternoon Games 1pm Yarn Corner 1pm Bowling 1pm T'AI CHI Class 3pm	15 Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dancing 8:45am Exercise Class 10am Choir@EUMC 10am Rook & Other Games 1pm Basic Archery 2pm Bingo 2pm	16 Billiards 8-5 Abuse in Later Life 8:30am-2pm Health Fair 9-Noon TOPS 10am Afternoon Games 1pm Line Dancing 6pm	17 Billiards 8-5 Know It-Control It 9am Exercise Class 10am Afternoon Games 1pm Yoga 3pm	18 Billiards 8-5 Know It-Control It 9am Exercise Class 10am Afternoon Games 1pm Yoga 3pm	19
	20	Billiards 8-5 Exercise Class 10am Rook Table & Other Games 1pm	21 Billiards 8-5 Madelyn's Music 12:15pm Afternoon Games 1pm Yarn Corner 1pm Bowling 1pm Senior Games Showcase Edenton - 2pm T'AI CHI Class 3pm	22 Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dancing 8:45 Exercise Class 10am Memorial Day Recognition 1pm Afternoon Games 2pm Bingo 2pm	23 Billiards 8-5 2K Walk 9am TOPS 10am Afternoon Games 1pm-3pm&4pm Matters of Balance 3pm Line Dancing 6pm	24 7am - Tangier Island Billiards 8-5 Exercise Class 10am Afternoon Games 1pm	25 7am - Tangier Island Billiards 8-5 Exercise Class 10am Afternoon Games 1pm	26
	Senior Games: May 8- Tennis May 9- Cycling, Track & Running Long Jump May 22 Showcase!	27  Center Closed	28 Billiards 8-5 2K Walk 9am Madelyn's Music 12:15pm Afternoon&Outdoor& Games 1pm Yarn Corner 1pm Bowling 1pm T'AI CHI Class 3pm	29 Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dancing 8:45am Exercise Class 10am Afternoon Games 1pm Choir 2pm Bingo 2pm	30 Billiards 8-5 TOPS 10am Elder Abuse Walk/Lunch 10am-2pm Eliz City Afternoon Games 1pm Boss Hog Night Out 5pm Line Dancing 6pm	31	Fitness Room & Computer Stations are Open 8:30am - 4:30pm	