

Perquimans County Activity Calendar



Healthy Aging Month
September
2017

Open
8:30am-4:30pm
Fitness Room
Computer Stations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Billiards 8-5pm Exercise Class 10am Afternoon Games 1pm	2
3	4 Labor Day Closed	5 Billiards 8-5pm Madelyn's Music 12:15pm Birthday Celebration 12:30pm Yarn Corner 1pm Bowling 1pm	6 Billiards 8-5pm Line Dancing 8:45am Exercise Class 10am Rook & Other Games 1pm Bingo 2pm	7 Billiards 8-5pm TOPS 10am Choir Practice 1pm Afternoon Games 1pm Line Dancing 6pm	8 Billiards 8-5pm Exercise Class 10am Afternoon Games 1pm	9 Yard Sale 8am - 12pm
10	11 Billiards 8-5pm Exercise Class 10am Rook & Other Games 1pm Craft Class 1pm	12 Billiards Tourney 9:30 am Madelyn's Music 12:15pm Yarn Corner 1pm Bowling 1pm	13 Billiards 8-5pm Line Dancing 8:45am Exercise Class 10am Rook & Other Games 1pm Bingo 2pm	14 Billiards 8-5pm Van Trip 9am TOPS 10am Choir /// Afternoon Games 1pm Line Dancing 6pm	15 Billiards 8-5pm Exercise Class 10am Afternoon Games 1pm Yoga 3:45pm	16
17	18 Billiards 8-5pm Exercise Class 10am Rook & Other Games 1pm Craft Class 1pm	19 Billiards 8-5pm Madelyn's Music 12:15pm Yarn Corner 1pm Bowling 1pm KNOW IT CONTROL IT 2:30pm	20 Billiards 8-5pm Line Dancing 8:45am Exercise Class 10am Rook & Other Games 1pm Bingo 2pm	21 Billiards 8-5pm TOPS 10am Choir /// Afternoon Games 1pm i-phone Camera Class 2pm Line Dancing 6pm	22 FALLS PREVENTION DAY Billiards 8-5pm Exercise Class 10am Afternoon Games 1pm	23 Saturday Night Social 7-10pm
24	25 Billiards 8-5pm Exercise Class 10am Rook & Other Games 1pm Craft Class 1pm	26 Billiards 8-5pm Madelyn's Music 12:15pm Yarn Corner 1pm Bowling 1pm	27 Billiards 8-5pm Line Dancing 8:45am Exercise Class 10am Rook & Other Games 1pm Bingo 2pm	28 Billiards 8-5pm TOPS 10am Choir //// Afternoon Games 1pm I-phone Camera Class 2pm Line Dancing 6pm	29 Billiards 8-5pm Exercise Class 10am Afternoon Games 1pm Yoga 3:45pm	30 <i>Holiday Craft Show</i> <i>Friday, Oct 27th</i> <i>12-4pm</i> <i>Sat. Oct 28th</i> <i>9am-2pm</i>

