





Perquimans Seniors Activity Calendar 426-5404



March 2019 pcseniors.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Computer Stations Fitness Room Open 8:30am-4:30pm					Billiards 8-5 Exercise Class 10am Afternoon Games 1pm Yoga 3pm		
3	Billiards 8-5 Exercise Class 10am Rook & Other Games 1pm	4 Billiards 8-5 A Day in the Life of Dementia Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm Zumba 2pm T'AI CHI Class 3pm	5	6 Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am Birthday Celebration 12:15pm Afternoon Games 1pm Bingo 2pm	7 Billiards 8-5 Matter of Balance 9-11 TOPS 10am Choir 1pm Afternoon Games 1pm Line Dancing 6pm	8 Billiards 8-5 Exercise Class 10am Afternoon Gams 1pm	9
 10	11 Billiards 8-5 Exercise Class 10am Mardi Gras Challenge 12:30pm Afternoon Games 1pm	12 Billiards 8-5 Van Trip 9am Billiards Tournament 9:30am Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm T'AI CHI Class 3pm	13 Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am Albemarle Audiology 11am Afternoon Games 1pm Bingo 2pm	14 Billiards 8-5 Matter of Balance 9-11 TOPS 10am Choir 12:15pm Afternoon Games 1pm Line Dancing 6pm	15 Billiards 8-5 Exercise Class 10am Bells With Peggy 11am Afternoon Games 1pm Croquet 1-3pm Yoga 3pm	16	
 17	18 Billiards 8-5 Exercise Class 10am Afternoon Games 1pm	19 Billiards 8-5 World of Herbs 10am Madelyn's Music 12:15pm Afternoon Games 1pm Bowling 1pm Yarn Corner 1pm Zumba 2pm T'AI CHI Class 3pm	20 Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dance 8:45am Exercise Class 10am Community Care 11am Afternoon Games 1pm Bingo 2pm	21 Billiards 8-5 TOPS 10am Talent Celebration 1pm Line Dancing 6pm	22 Billiards 8-5 Exercise Class 10am Ziplining Anyone? 11am Afternoon Games 1pm Outdoor Games 1-3pm	23	
Albemarle Senior Games Begin! 3/25-29 	24 Senior Games =Bowling & Billiards Billiards 8-5 Exercise Class 10am Afternoon Games 1pm	25 Senior Games = Bowling Billiards 8-5 Madelyn's Music 12:15pm Afternoon Games 1pm Yarn Corner 1pm T'AI CHI Class 3pm	26 Senior Games = Bowling Billiards 8-5 Beg Line Dance 8:15-8:45am Line Dancing 8:45am Exercise Class 10am Afternoon Games 1pm Bingo 2pm	27 Billiards 8-5 Somerset Place 8:45am TOPS 11am Choir 12:15pm Afternoon Games 1pm Line Dancing 6pm	28 Senior Games (Swimming) Billiards 8-5 Exercise Class 10am Afternoon Games 1pm yoga 3pm	29  30 Saturday Night Social 6-9pm	
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